

Disneyland Trip 2024 -- Packing List

You will be allowed one suitcase and one backpack. **All items must have a name tag securely attached.**

Remember that music students are representatives of Mills High School, so look your best. Clothes should be well-fitting and clean, hair clean and kempt.

You must bring the following items:

- Mills Music T-shirt to be worn on the day of your music workshop (Saturday)
- Musical instruments, hard case preferred
- Cell phone, charger, portable battery charger - your cell phone must be on and well charged AT ALL TIMES. (if it dies, you must stay with someone who has a working cell phone.)
- Additional face masks (optional)
- Money for extra food or pack a bag lunch for the way down. Please consider bringing a pre-paid cash card or debit card or use apple pay.
- Clothes for 3-4 days:
 - Jeans, T-shirts, etc – casual clothes, dress in layers for winter/spring Anaheim weather; it's cold in the morning, hot in the afternoon, and then very cold again after the sun goes down
 - Socks, undergarments
 - Sweatshirt, light/warm jacket (packable down jackets are a good option), light raincoat or poncho. Check the weather!
 - Sleeping attire (PJ's, sweatshirt/pants, etc)
 - Comfortable shoes, ie "broken in" sneakers, will be walking all day. Sandals can give blisters which can be painful. You will likely be walking roughly 25,000 steps a day
 - Dress within the school dress code; Mills Handbook
 - Clothing with inappropriate logos or images will be confiscated.

Personal items include:

- Medications: labeled and given to Dr. Reyes; epi-pen and inhalers kept w/ student, ask Mr. G (District policy: **all Prescription & Non-prescription medications are to be administered by Ms. Reyes (SMUHSD) with full confidentiality and discretion.**
- Toiletries (toothbrush, toothpaste, hairbrush, lotion, shampoo/conditioner, etc...)
- Deodorant
- Feminine hygiene items
- Sunscreen/Sunglasses/Hat
- Student ID/Driver's License
- Sleeping bag (optional), please label - print name in large print with Sharpie on a piece of masking tape.
- Reusable water bottle (wide-mouth type is easier to fill and clean; insulated is best if possible, So Cal water is hard water, and tastes best chilled)
- Travel hand sanitizer
- Travel pack tissues
- Travel pillow (optional)
- Slippers to wear inside the hotel/hotel rooms (optional)

You may bring the following items: You are responsible if any of these items are lost or stolen

- A reasonable amount of spending money for souvenirs -- no alcohol/drug or related merchandise/paraphernalia purchase allowed
- Your homework/make-up work for school if needed, including supplies such as laptop computer (recommend securing it in in-room safe when left in hotel room unattended)
- Headsets/earbuds, if you plan to listen to your mobile devices: **think twice about AirPods. They are expensive and easily lost.** Consider bringing a cheaper pair for the trip.
- camera

You may NOT bring the following items:

- Anything of value that you will miss if it disappears
- expensive jewelry
- excessive amounts of money.
- Alcohol, drugs - legal or illegal, or medication that is not pre-approved with Ms.Reyes
- Selfie-sticks (they are not allowed at Disney Parks)
- Details of prohibited items or activities at Disney Parks: <https://disneyland.disney.go.com/park-rules/>

Meals:

- Bring a bag lunch for Friday or bring money to buy lunch on the way down
- Dinner provided at the hotel on Friday
- Breakfast is provided by hotel
- Each participating student will receive one \$15 meal card per day to be used inside Disney Parks. Recommend to bring extra funds as \$15 will be for both lunch and dinner at the park and likely will not be enough.
- Bring money for lunch on the return trip

Bag policy:

- Backpacks are allowed at Disneyland (after security search), and pay lockers are available.
- You will not have access to the bus once dropped off.
- Be mindful if you carry around too many items or too large a pack, it will be inconvenient on rides as well as exhausting lugging it around all day.
- Fanny packs may be a good alternative to purses or bulging pockets. Be mindful as to what's in your backpack or pencil bags; sharp blades (such as scissors) are not allowed in the park.

Some miscellaneous topics:

1. **District medicine policy:**

Prescription & Non-prescription medications are to be administered by Dr. Reyes, PhD (SMUHSD) with full confidentiality, discreteness. **Exceptions: Epi-pens and inhalers can remain with the student.** Please place in a Ziploc bag with a 3x5 index card with the following info: (Give to Dr. Reyes on morning of departure)

- Student's name
 - Name of medication(s)
 - Condition it treats
 - Dosage information
2. **Downtown Disney is off limits** to the students at all times, except walking to/from the bus and attending workshops (will be escorted by staff/chaperone). Otherwise tudents must remain in the parks at all times.
3. Please upload photos and visit our google photos <https://tinyurl.com/millsdis24> for real time photos of the Disney trip uploaded by students/staff/chaperones.